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AUGUST 21st, 2013

body soul + spirit

magazine

WRITER'S GUIDELINES

Are you an aspiring writer? Have a subject you want to write about to position yourself as an expert in your field? Content marketing has been identified as one of the most effective ways to increase your exposure and brand yourself in your field. The Body Soul & Spirit Magazine is a co-operative marketing publication for our community, and as such, we've set forth some guidelines to provide fair and equal access to our members, exhibitors, and advertisers.

If you would like to contribute an article, ongoing column or editorial feature, we would love to work with you. Your article should fit one of the formats below. Each article includes a byline at the end of the article, which may include your name, the company you own or work for, a very short and concise description of your expertise and contact information website where readers may reach you to learn more.

If you are an advertiser or exhibitor you have the opportunity to submit content for consideration to our regular columns or related to our issues theme, and if accepted, they will be printed without any cost to you.

ARTICLE SUBMISSION

Your completed article must be submitted online. To do so, find the **Membership** menu on the top right of our website, select **Sign up for Membership** and fill out the form. After you log in, you can post your article for consideration as well as update your member profile and submit a listing on our website. Remember to select the appropriate membership type:

- Exhibitor (if you are exhibiting a one of our expos)
- Advertiser (if you have a paid ad in our magazine)
- Paid option

To increase the possibility of your article being accepted, articles should be about 200 to 375 words and, if possible, include a high-res photo.

ONGOING COLUMNS

Community News

Is there something happening in our community that is of interest to our readers? Our publication is sectioned into the three Provinces we serve – Alberta, British Columbia and Saskatchewan. We also accept Canada-Wide and International News, if it is relevant to our community.

NEW Conscious Travel

Explore sacred places and power spots around the world with our community.

Eat to Live

Foods that feed life along with Delicious Healthy Recipes from Vegan to Live an Raw, and much more.

Difference Makers

Inspiring Stories, News and Profiles about those making a difference in our world.

Awakening - Food for Your Spiritual Unfoldment

Including thoughts, inspiration and advice on many different subjects from relationships, personal growth, empowerment, and much more.

Wisdom Within

Interactive advice from our experts on real life issue submitted by our members clients and readers. We recommend that you use real life experiences, questions and outcomes from your own practice.

Natures Apothecary

Learn about natures healing gifts, from medical herbs, and flower essences, and natural cures.

Healing Arts

A look at the many ways of healing, from Reiki, to Theta Healing, to Ayurveda written by local practitioners.

DO YOU HAVE AN ARTICLE THAT DOES NOT FIT OUR CATEGORIES?

Or want to guarantee that you are accepted? We offer content pages at very affordable rates.

EDITORIAL FEATURES

The editorial packages below offer you space for a nominal fee that helps cover our printing and production costs.

Full Page Content

\$425.00

Full page: 750 words

(including photo 1/4 of Content)

These options are included in page one of our rate sheet.

2/3 Page Content

\$300.00

2/3 Page: 500 words

(including photo 1/4 of Content)

1/2 Page Content

\$250.00

1/3 Page: 375 words

(including photo 1/4 of Content)

*All material submitted are subject to approval by our editorial and publishing team.